# WorkLife Balance

1. What is your role in the company?

- [ ] Executive/Senior Management

- [ ] Manager

- [ ] Staff/Employee

- [ ] Intern

- [ ] Other (please specify): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2. How long have you been with the company?

- [ ] Less than 1 year

- [ ] 1-3 years

- [ ] 3-5 years

- [ ] 5-10 years

- [ ] More than 10 years

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#### Section 2: Work-Life Balance

3. On a scale of 1 to 10, how satisfied are you with your current work-life balance? (1 being very dissatisfied, 10 being very satisfied)

- [ ] 1

- [ ] 2

- [ ] 3

- [ ] 4

- [ ] 5

- [ ] 6

- [ ] 7

- [ ] 8

- [ ] 9

- [ ] 10

5. Do you feel encouraged to take breaks and utilize your vacation time?

- [ ] Yes, always

- [ ] Yes, sometimes

- [ ] No, not often

- [ ] No, never

6. Do you think that your company is maintaining a healthy work-life balance?

- [ ] Yes

- [ ] Sometimes

- [ ] No

8. How can the company better support employees in managing their work and personal lives?

- \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

9. Any additional comments or feedback regarding work-life balance?

- \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_